# INTER DISTRICT <br> <br> EXPLORE YOUR HEART <br> <br> EXPLORE YOUR HEART WITH MALAYSIAN ASSOCIATION WITH MALAYSIAN ASSOCIATION FOR THE BLIND 

 FOR THE BLIND}


## 20 © © 2019 SNiv <br>  FLAG OFF

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Register at: www.cleverspeda.com/interdistrict/register *Fees including: Day Passes (Tadom Hills activities), Meals, Shirt, Certificate, and Refreshments

## ORGANISED BY:

## IN COOPERATION WITH : E:



SA SPORT


Fakulti
Sains Sukan dan Rekreasi

KAYUHAN INTERDISTRICT
"EXPLORE WITH YOUR HEART"

20 OCTOBER 2019 (SATURDAY)

| 6:30 am to 7:15 am | Participants arrived <br> Breakfast | Solat Subuh @ Surau level 1B <br> Rider MAB - 17 <br> Pilot MAB - 5 <br> Crew-6 <br> VIP MAB - 3 <br> Pilot CS - 10 <br> Participants - 30 <br> Buffet style |
| :---: | :---: | :---: |
| 7:30 am to 7:45 am | Opening Speech by: <br> En. Mohd Fauzi Mohd Ghazali, <br>  <br> Strategic Communication KPS Berhad <br> Safety Briefing by : <br> En. Hadi Putra Ismail <br> Head Of Operation <br> Clever Speda <br> Flag off by VIP: <br> 1. KPS representative <br> En. Mohd Fauzi Mohd Ghazali, <br>  <br> Strategic Communication KPS Berhad <br> 2. Malaysia Association for the Blind (MAB): <br> Dr S. Hadi Abdullah, Vice President MAB <br> 3. Uitm: <br> En. Hosni Hassan <br> Head Of Program <br> Sport Science Program <br> from Plaza Perangsang, Shah Alam | - Lobby Kumpulan Perangsang Selangor <br> - Air Hond <br> - Perangsang Selangor or Flag Selangor Flag <br> - Escorted by Police <br> - 5 office from Shah Alam <br> - 2 officer from Banting <br> - Daniel lead Marshall |


| 9:00 am to 9:30 am | Pit Stop km 25: <br> Water Station @ Dewan Datuk Hormat, <br> Kg Sri Cheding | CS crew will distribute feeding <br> and help water refueling. |
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| 11 am to 11:30 am | Arrive at Tadom Hill Resort, Banting <br> Closing Ceremony <br> $-\quad$ Closing and appreciation speech from <br> MAB representative |  |
| Lunch | Prayer <br> Program finish to 2:00 pm | Free and easy <br> Participants can enjoy the activities with <br> your own time and risk |
| 2:00 pm onwards |  |  |

## Event Coordinator:

Clever Speda
Lot 5, Level 1A
Plaza Perangsang Selangor
Persiaran Perbadanan
40000 Shah Alam
Sabri - 0124845996
Daniel - 017-614 7564

1. Please bring enough shirt and your own toiletries
2. Please also bring swimming suit
3. Let have a fun and safe Journey "INSYAALLAH"
4. After 2pm onwards, participants can enjoy the activities at Tadom Hill Resort until 6 pm .
5. End of program, to leave the location at your own arrangement.
6. Organizer will not take responsibility on dismissal of participants after 2 pm onwards.
7. However, a group of cyclist that will cycle back to Shah Alam will be escorted by a marshall.
